

Howard Kowalchuk, Principal 800 Salter Street, Winnipeg, MB R2V 2E6 howard.kowalchuk@7oaks.org Leanna Loewen, Directrice adjointe Phone: 204-586-0327 Fax:204- 589-0121 leanna.loewen@7oaks.org www.7oaks.org

YOU ARE CORDIALLY INVITED TO THE 2ND ANNUAL ÉSOMS SUSTAINABILITY IN ACTION FAIR

Please join us for an evening of interactive presentations, student work, arts and entertainment, food and activities that promote action for environmental sustainability, economic sustainability and cultural sustainability. Students in all of our classrooms have been preparing for this evening to demonstrate their understanding and efforts in making their world a better place.

WHEN: TUESDAY, MAY 27[™]

Please join us in the gym at **5:00 pm** for a brief gathering, followed by a community feast and celebration of sustainable learning and classroom visits.

Some exciting projects you can expect to see are:

Stop motion animations	Gardening workshops	Repurposing Pallets	
Fair Trade Challenge	Sustainability in Africa	and much more!	

In keeping with our theme of Sustainability, please bring a reusable water bottle and/or coffee mug for refreshments

A letter with further explanation about the evening and community feast will be sent home in the next few days.

Important Dates

May 6	Parent Advisory Council 6:30 pm
May 12	School PD - No Classes
May 13-16	Grade 8 Band Trip
May 19	Victoria Day - No Classes
May 27	Sustainability in Action 5:00 pm
June 3	Parent Advisory Council 6:30 pm
June 4	Choir/ Fiddling Concert – ÉSOMS Gym
June 11	Band Concert – NKMB Church
June 16-18	Grade 8 Camp – Rouseau River
June 25	Grade 8 Farewell 6:00 pm – Sunova Centre
June 26	Administration Day – No Classes
June 27	Last Day of Classes

Parent connect

In moving forward with our technology and sustainability efforts, École Seven Oaks Middle School is asking parents to sign up and get connected using "Parent Connect". This is a website that allows you access to a variety of your child's school information. This system will provide you with access to your current demographic info and it will allow you to change certain information online in order to keep it current. You will also have immediate access to instantly see new bulletined information, your child's attendance, and field trip information. In addition, you will be able to access your child's report card as soon as they are ready and can print at any time if you wish.

INSTFUCTIONS TO LOG ON TO PAPENT CONNECT:

- At the top of the student report card, you will see you child's MET number (9 digit number listed as provincial student number) which is assigned by the Province of Manitoba. You will need this number to log on to Parent Connect.
- To access the Parent Connect site, go to the École Seven Oaks Middle School website. Here you will find a few different spots to find the Parent Connect site:
 - On the "*Community, Parents, Staff*" located at the top of the screen, click on *"Parents"* and scroll down to click on *"Parent Connect (using Student Met#)" ~OR~*
 - On the *"Parents"* tab located in the grey bar, click on *"Parent Connect (using Student Met#)" ~OR~*
 - Scroll down on the website page and there are links in purple on the right side. Click on *"Parent Connect (using Student Met*)"*

On your initial log in, click on *"FORGOT MY PASSWORD"*. You will be promoted to enter the 9 digit MET number and your postal code (lowercase letters and no space). The system will then send you a temporary password to the email address you have on file at the school. Please note this is a temporary password and it should be changed as soon as possible. PLEASE DO NOT GIVE PASSWORDS TO STUDENTS.

Transportation applications & payment

For those students who require a school bus for the next school year, this is a reminder that transportation applications and payment are now due. If you haven't done so already, please send the forms and payment to the office as soon as possible. Please note that your child will not have bussing set up for next year unless the payment and forms have been received by the office. Thank you.

Grade 8 Camp

We are excited to announce that our grade 8 students will be going to Camp Roseau River from June 16th to June 18th. We will be attending camp to provide several outdo or learning opportunities for the students. Students will be able to connect with nature in a way that they would not be able to do in a regular school setting. Students will have the opportunity to go zip-lining, ride horses, take archery lessons, swim, go rafting, participate in BMX racing, and take part in team building games. Grade 8 families have already received a letter but a more



in team building games. Grade 8 families have already received a letter but a more detailed package will be coming shortly. For further information about Camp Roseau River visit their website at http://www.roseauriver.ca

Grade 8 Farewell

This year we will be having our Grade 8 Farewell on Wednesday, June 25th from 6:00 pm - 11:00 pm at Sunova Center in West St Paul. The evening will consist of a catered buffet dinner followed by brief class presentations. Following the student presentations, students will enjoy a dance. We invite each grade 8 student to invite 2 family members to attend the formal portion of the evening, as space is limited. Cost for this event will be \$20 per person (student and parent). Additional information regarding Grade 8 Farewell will be provided in the near future.

COMMUNITY INFORMATION

Our newsletters are often a way for community organizations to provide information to families about their programs and events. To help minimize the ever-growing size of our publications, we are happy to provide a link to the Community Information page on our school division web site which will now be the location for community program information. We invite you to visit the link below and to find out more about programming in our community: http://www.7oaks.org/Pages/Community-Information.aspx

IN THE GYM

PHYSICAL EDUCATION CLASSES

Throughout the month of April, students participated in a number of physical education units: Pickelball, Soccer/Baseball/Dodgeball, Kangaball, Ringette, Flickerball and Flag Football. Students also completed a yoga class and a number of timed fitness runs.

SPECIAL OLYMPICS

Our Special Olympic athletes took part at the *In the School* Floor Hockey competition on April 11th. The morning consisted of various skills competitions involving stick handling and shooting. The afternoon consisted of playing a number of games against other schools. We are now preparing for the next Special Olympic event: Outdoor track and field which will be held on Wednesday, May 14th at Grant Park High School.

extracurricular

- *Badminton:* Another successful badminton season has come to an end. Thank you to all student athletes who committed to learning and improving their game of badminton. A special thank you goes out to Mr. Russell, Ms. Sampson and Mr. Cieszecki for their commitment to coaching our student athletes.
- *Outdoor Track & Field*: The outdoor track and field season has begun. Students in grades 6, 7 and 8 have started to prepare for the Divisional Track and Field meet that will take place on Wednesday, May 21st at West Kildonan Collegiate. Coaches Sherri Courchene and Ms. Conner have arranged practices for Monday, Wednesday and Friday mornings, starting at 7:15am. Best of luck to our student athletes!
- *Marathon Club:* Students in grades 6, 7 and 8 have begun training for various long distance running races offered at the Manitoba Marathon. This big event takes place on Sunday, June 15th. Coach Hall has arranged practices for Monday and Wednesday afternoons, starting at 3:10pm.
- *Slo-Pitch:* The slo-pitch season will begin sometime in the beginning of May. Practice times and the location of the slo-pitch tournaments will be announced shortly.

Be sure to check on the school website (www.7oaks.org) for the sports calendar (found under the phys ed tab) for all practices/ events. This is each athlete's responsibility. The schedules can also be found on the phys ed calendar in the hallway by the gym office.

MUSIC NOTES...

We hope you will join us this June for our year-end concerts!

Fiddle Concert: The Grade 6-8 Choir & Fiddling Concert will take place in the ÉSOMS gymnasium at 7:00pm on Wednesday June 4, 2014. Students should be dressed in all black for this event (solid black tops, pants, and shoes). Choir students are asked to meet in the choir room at 6:30 for a brief warm-up.

Incredibows members and Ms. Conner's / Ms. Korsunsky's fiddle students are asked to report to the fiddle room between 6:30 and 6:45 to pick up their violins and get tuned up. (Choir students do this after your warmup.)

Band Concert: The Grade 6-8 Band Concert will take place at North Kildonan Mennonite Brethren Church (1315 Gateway Road) at 7:00pm on Wednesday June 11, 2014. Students should be dressed in all black for this event (solid black tops, pants, and shoes). All band students are asked to meet at the church at 6:15 for a warm-up.

To show respect for all of the dedication the students have shown this year, we ask that you stay for the full duration of the concerts; they will both run under an hour in length. The students have been working hard in their band, choir, and fiddling classes and are looking forward to sharing their achievements with you!

- Summer Band Camp: This summer, Seven Oaks School Division will be holding their very first Manitoba Band Association Summer Band Camp. The camp will run from 9:00am-3:30pm August 18-22, 2014 at Edmund Partridge Community School. Anyone interested is encouraged to visit the Manitoba Band Association's website for more details: http://www.mbband.org
- Divisional Concert: Our divisional fiddle concert was held on Wednesday, April 9 at Jubilee Place, and was a huge success! A highlight of the concert was the jamboree at the end. Over 300 fiddlers played, together with a band comprised of Scott Senior, Alex Hall, John Baron, and Jeremy Rusu, as well as championship fiddler Patti Lamoureux as our guest artist!

LIFE AND LEARNING AT ÉSOMS LA VIE ET L'APPRENTISSAGE

Over the past year, many of the Grade 8 students have been learning about the heart. They learned about how the heart works and the parts of the heart. Once they finished learning about the heart, they moved on to the next step by getting up close to a pig's heart. With the help of Mr. Cieszecki, the

Grade 8's learned how to properly dissect a pig's heart. Some kids were disgusted at first but, by the end, they enjoyed it. They learned that a pig's heart is similar to a human's heart. We went around the school asking Grade 8's what they thought about the experiment with the pig's heart. Here are some of the answers we got: "It smelt like raw meat, but it was fun, it was interesting and a good experience"; "It was cool and it's very different from what we usually learn"; "I thought some parts were really gross but, it was fun using



was fun using all the tools"; " I think that it is very interesting, and I wasn't disgusted because you're going to have to handle even more gross things if you



want to be a doctor, a nurse, or a scientist, so it was very cool".

Some schools don't do unique experiments like this so we are lucky to have this opportunity to learn that science can be fun and different and not just reading out of a science textbook.



In room 24 we have been learning about the circulatory system in science. To show our learning we had a series of project ideas to choose from. Each group did something different. Our group chose to make a children's book. We had to show the path the blood takes through the heart and body. At the same time, we had to make it child appropriate. To do that we made different cells different characters. We also made it bright and cheerful by adding happy faces. We feel very confident and proud of our work. *Christina & Shae-Lynn*

In room 24, our group is working on our Circulatory System project for science. We are creating an animation of the working heart. It is fun; however we also have some hard times, such as finding the right online resources. Brian is creating background music for the video using Garage Band, while Thomas and I are working on the graphics. We hope to end up with a successful video, and get good grades. *Thomas, Victor & Brian*





Lauren and I decided we wanted to create something original for our Science project; something our teachers had never seen before! We made a life size body by wrapping Lauren in Saran Wrap and then packing tape. After that, we cut out the chest and put in the heart and lungs. We've gone above and beyond to complete this project and had a lot of fun doing it. *Carly & Lauren*

THE LEGENDARY QUEST FOR OXYGEN-RICH BLOOD

In the town of Right Atrium, rumor has spread of a distant town called Left Atrium, which is also rumored to be clean and fresh and filled with oxygen, unlike Right Atrium, which has low oxygen.

A red blood cell going by the name of Tarry has a dream to visit the town of Left Atrium so he can be filled with oxygen and clean just like the rest of the Left Atrium's red blood cells.

He has earned enough nutrients to purchase a hot dog pirate ship that he has named 'Betty' to sail across the human body to reap the rewards of living oxygen-rich. He leaves the port of Right Atrium and he begins his long and very boring journey. We lied about it being boring.

After around two seconds of sailing through Right Atrium, Tarry arrives at the border of Right Ventricle, and he has been allowed access. He passes through the Tricuspid valve into the Right Ventricle. The Ventricles are open areas of vast seas, and that's about it.

He shoots through the Right Ventricle at the speed of a red blood cell (Pretty darn slow) and arrives at the Capillaries which lead into the Pulmonary Artery.

He then travels into the lungs to collect oxygen to pass into the Left Atrium. He was so happy to be here, but some whirlpool picked him up and threw him into the Left Ventricle through the Mitral valve. Then, out of nowhere, a tidal wave appears and whooshes him to the Aorta into some part of the body. All of a sudden, everything is still, and then the "Betty" and Tarry comes through either the Superior or Inferior vena cava, and finds himself back in right Atrium, with no more oxygen, but filled with waste {Co2} and feeling sad.

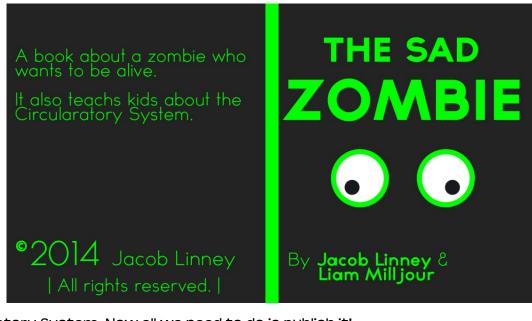
THE END

the wind the second sec

-Cameron & Darius

THE SAD ZOMBIE

For our science project we made a children's book about a zombie who has no blood and wants his heart to beat. It also teaches kids about the Circulatory System while keeping it kidfriendly. We used illustrations Of the heart, cells, and of the Zombie on his Journey to get his heart pumping. We believe that people will have fun reading this story while still learning a



little bit about the Circulatory System. Now all we need to do is publish it!

Jacob & Liam (Creators of The Sad Zombie)

SHrek

This year ÉSOMs put on the production of "Shrek the Musical'. It all started in October with auditions; Kids would line up outside of the choir room to audition and would have to sing O Canada. Months passed as we learnt songs, dances and ran different scenes. It's a big commitment to be in the play, there was rehearsal almost every lunch hour and sometimes after school. After all those months at

school we finally get to the theater. It was early April and we were pretty excited about all of our performances. We got our costumes together, people were working on the props and everyone had something to do. Finally it was time for the performances. In my opinion, Production is a fantastic experience, you get to meet new people and make new friends. It is a long time before we get to the final goal of performing, but it is really worth it. If you're the lead of the show or just simply a chorus member, the play is an awesome experience.

My experience in the play was fantastic. I met new people I didn't think that I would ever talk to and I made new friends. Usually when you're in middle schoo,I you stay within your grade level, but with the production, you make

friends from all different grades. Personally, I was a guard and I liked my role. I really wasn't expecting that I would get that role but I was happy with it. I learned my lines and my songs and I was excited for the performances. I enjoyed the whole experience of the production. Thank you to all of the staff and students who made this such a wonderful experience for our school. By: Julia



Marsville in MMe Friesen's Classroom

The challenge: how to set up a livable habitation on another planet. Students in Mme Friesen's classroom have been working through an interactive science unit called Marsville, using real-life experiences to develop an understanding of space travel and exploration. They started with a gallery walk of rockets, space shuttles and astronaut equipment. Within teams, they designed their own mission patches, and life support system projects focusing on air, waste, communication and transportation. Thinking about 'payload', they have also been weighing all parts of their lunches to the exact gram, and graphed their results! On Monday May 5, 2014 Mme Friesen's class linked-up with 250 other students, from 5 schools, at Red River College to create 'habitat bubbles' and present their science projects to professionals from Aerospace and engineering fields. Mission accomplished!





















SUN	MON	TUE	WED	THUR	FRI	SAT
May 13	8 – 16 : Grade 8	Band Trip		1 Day 4	2 Day 5	3
4	5 Day 6	6 Day 1 Parent Council 6:30 pm	7 Day 2	8 Day 3	9 Day 4	10
11	12 Day 5 ÉSOMS PD NO CLASSES	13 Day 6 Narcisse Snake Pits All Gr 7 classes	14 Day 1	15 Day 2	16 Day 3	17
18	19 <i>Victoria Day</i> No Classes	20 Day 4	21 Day 5 Track& Field All day	22 Day 6	23 Day 1 Track& Field (rain date)	24
25	26 Day 2	27 Day 3 Sustainability in Action Fair 5:00 pm	28 Day 4	29 Day 5	30 Day 6	31